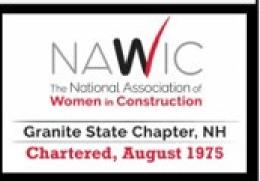




"Go with your gut, your instincts are usually spot on. This quote conveyed to me by a beloved mentor has helped me not only within the industry (auditing and handling financial projections for construction projects) but has served me well in my personal life."

Trish Jeffrey
Harvey Construction
Project Accountant













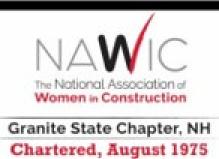
"Do not give up when you are met with adversity. Not all companies are created equally, find the one where you fit, are accepted, and supported. You will be faced with tough situations and sometimes feel like you need to prove that you belong here, maybe more often than you'd like, but don't give up, it's all worth it in the long run. Know your worth and don't be afraid to speak up and take up space!"

Lee-Ann Dicey

Milton Cat

Regional Machine Inventory Coordinator









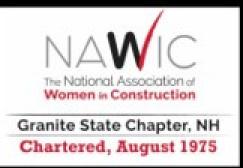




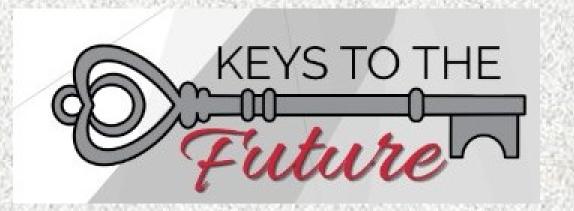
"Look for opportunities to learn, be yourself and be engaged with those around you."

Deb Trottier
Southern New Hampshire University
Adjunct Professor & Administrator









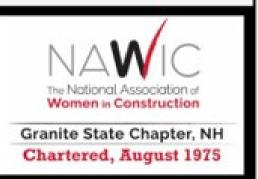




"If you do not have a formal mentorship program at your firm, seek resources to help you. I was fortunate to have coworkers take me under their wing and involve me in the process from project inception to completion. The knowledge, guidance, and encouragement a mentor will provide you will open doors and enhance your growth!"

Sara Ihle
The H.L. Turner Group Inc.
Assistant Project Manager









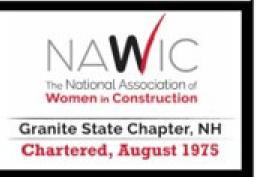


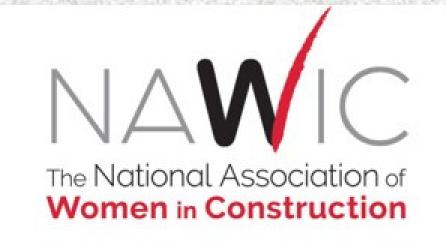


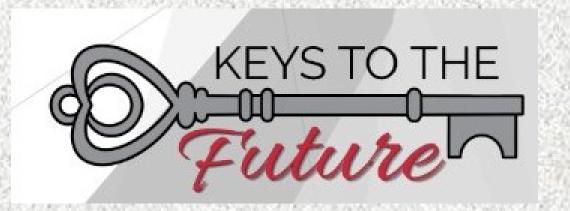
"Go for it! Don't be intimidated by the big "dogs". You have the knowledge and skills to bring to this world, so bring it! You miss 100% of the shots you don't take. Also, you are human, you will mess up sometimes, just take what you learned from it, and apply it towards bettering yourself for next time."

Sarah Geehan
Harvey Construction
Assistant Project Manager











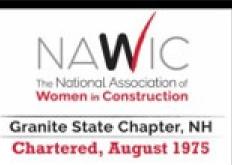


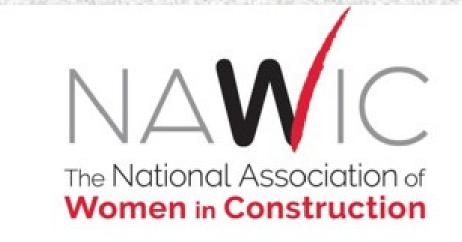
"Take up space.

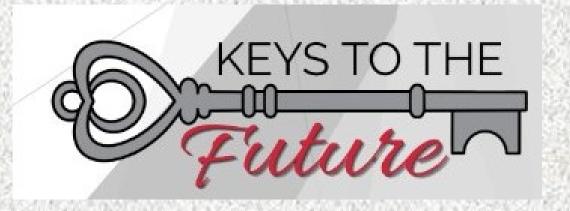
It's a gamechanger when you know your worth and if you can, surround yourself with people who know your worth too."

Maria Marotte
Pennichuck Water Works
Staff Accountant II













"Ask questions, listen, and absorb all the experience around you.

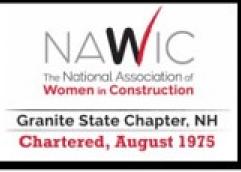
Coming into this industry there are people who have been doing this work for their entire career, and there is so much that we can learn from them. Our greatest resources in this industry are the people."

Elizabeth Morse

Lewis Builders Development, Inc.

Project Manager













"Do not hesitate to ask questions and seek guidance in areas you are not familiar with.

Letting your voice be heard by offering a solution, making a

statement, or asking a question

ALL have the same value and

impact as a contributing member."

Michelle Trodella

Methuen Construction

Director of Operations Administration





Granite State Chapter, NH Chartered, August 1975









"Don't think that you need to check all the boxes before you make your next move.

Have faith in yourself and confidence in your abilities.

Remember, you can never learn less."

Catherine Schoenenberger
Stay Safe Safety Products
President & Owner



